

Performance Initiatives
presents

Self Defense Training

Kakko-ha Sogo Goshin Jitsu

Kids class (6-10yrs old)

Mon & Wed 5:30 - 6:30pm

Sat 9:30 – 10:30am

Juniors & Adults 11yrs up

Mon & Wed 6:30 – 8:00pm

Sat 10:30 – 12:00pm

Learn the physical and mental skills needed to defend your self and your family from the predators of today's society.

The first class is free!

Ask about our scholarship program.

LOCATION

AUMC Family Life Center
2021 Tennessee Ave
Savannah, GA 31404
(912) 507-7106

格
好
派
總
合
護
身
術

Tenets

Vision

Courage

Discipline

Self-Control

Patience

Desire

Confidence

Resilience

Commitment

Respect

